

Wealth Mindset Challenge



Celestial University
MONTHLY LEARNING THEME

STEP 1

STEP 2

<h3>MONTHLY THEMED TASKS</h3> <p>Pick one task from the list below. You'll be implementing this task every day this month.</p>	<h3>DAILY TASKS</h3> <p>Pick 21 tasks from the list below. You'll be sprinkling these tasks in throughout the month. You can repeat tasks.</p>
<p><input type="checkbox"/> \$100 IN YOUR WALLET</p> <p>Get a \$100 bill from your bank and put it in your wallet. Then, as you travel around over the next 30 days, look at all the things you could spend with your \$100 – just knowing it's in your wallet. Focus on the emotion of knowing you could buy that, and that, and that. Have fun picking things out and realizing your abundance.</p> <p>(This is an abundance game from Abraham-Hicks.)</p> <p>Read more: https://lawofattractionandmore.com/2015/10/01/the-wallet-process/</p>	<p><i>MONEY</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Organize the money in your wallet. Make sure each bill is right-side up and in order by denomination. <input type="checkbox"/> Clean out your wallet and/or purse. <input type="checkbox"/> Put all of your change into a jar and take to a coin machine to cash in. <input type="checkbox"/> Buy a nice wallet – something you'll be proud to put your money in. <input type="checkbox"/> Put money in your savings account. <input type="checkbox"/> Pay extra on your credit card bills, car payment, and/or mortgage.

BOOK OF PROOF

Get a journal and create a “Book of Proof.” Think about the wealth you want to achieve, and *each day*, document the proof you’ve received about your incoming wealth.

You’ll want to start each journal entry with the following opening: “Today, I observed the following proof of my prosperity....”

Right down every ounce of wealth you received, whether it’s a coin found on the sidewalk, or a coupon you used at the store, or a discount you received with a rewards program. Document every penny!

Don’t forget to count the things you received for free, such as free advice.

Alternatively, you can use Denise Duffield-Thomas’ money tracking spreadsheet to record the money you manifested this month.

Access it here: <http://bit.ly/TheMoneyTracker>

(The Book of Proof is adapted from *Law of Attraction* by Michael Losier.)

- Say a prayer of gratitude every time you pay your bills. Celebrate that you can pay them and imagine how your payment is helping others (such as the employees at the electric company or the bank).
- Look at your expenses and see if you can save money by eliminating unnecessary costs.
- If you see money on the ground, pick it up and celebrate!
- Cash in your credit card rewards.
- Transfer your credit card debt to a 0% interest rate credit card.
- Hire a bookkeeper, accountant, or financial planner.
- Pay a spiritual tithe. This is when you pay 10% of your gross income to anyone or anything that has given you spiritual nourishment.

COMMUNITY

- Donate cash to a charity of your choice.
- Volunteer at a charity of your choice.
- Give money to a homeless person.
- Drop off a box of supplies to a local animal shelter, homeless shelter, domestic violence home, children’s home, etc.
- Donate money at the cash register when they ask you to give to their charity.
- Pay for the coffee/meal of the person behind you in the drive-thru.
- Give a gift to a service provider (trash collector, mailman/woman, UPS driver, hairdresser, etc.)

AROUND THE HOUSE

- Use your nice china, crystal, and silverware for a meal.
- Buy something that makes you feel rich.
- Buy fresh flowers.

GRATITUDE JOURNAL

Appreciation is one of the highest frequency emotions you can experience. To attract more money into your life, you want to be in a near-constant state of appreciation. That's where a daily gratitude journal comes in.

Every day, write down at least five things you are grateful for. You can start your journal entry with a simple statement: "Today, I am grateful for." And then list your blessings.

Amanda Owen in her book, *The Power of Receiving*, also reminds us to be grateful for the things that cause pain or discomfort. She writes on page 68:

"The purpose of this exercise is to not only be grateful for your more saintly qualities and fun events, but also to be grateful for your wholeness, which includes experiences that are uncomfortable or even painful. Consequently, to become an exceptional Receiver and manifest your goals, include feelings and observations such as these:

- I am grateful I was able to feel my grief today.
- I am grateful that I am noticing how much I hide behind a mask of togetherness.
- I am grateful I wasn't home when my boyfriend called."

- Declutter any space in your home (closet, junk drawer, cupboard, pantry).
- Purge any pile that's sitting around your house or office.
- Rearrange the furniture in any room in your house.
- Replace something old and raggedy in your home (frayed towel, burned oven mitt, stained washcloth, dingy underwear, etc. Your husband doesn't count).
- Purge your closets and drawers of clothes you no longer wear, and then donate to a charity.
- Hire housekeepers to clean your house (even if it's just one visit).
- Get your car detailed.

MANIFESTATION EXERCISES

- Start a Manifestation Box. Every time you look through a magazine and see something you want to manifest, rip it out of the magazine and place the photo in your box.
- Write "I am lucky" on a piece of paper, sign it, and display.
- Create a Vision Board.
- Make a Mind Movie.
- Write a goal card about your financial goals.
- Create daily affirmations about money.
- Journal about what your perfect day looks like (if money and time were no issue).
- Write down 110 things you are grateful for.
- Write a check to yourself for a desired amount of money you would like to receive in the future. (This worked for Jim Carrey!)
- Make a list of "50 Ways You Can Make Money." Write down everything you can think of (even if it's ridiculous). The idea is to see that money generation is all around you.

- Use the 55x5 Manifestation Method (this would count as a five-day task). <https://selfmadeladies.com/faq-what-is-55x5-manifesting-method/>
- Make a list of three things you want to see today. Then keep your eyes peeled for them!

YOUR BODY AND MIND

- Get dressed up with hair and make-up done, even if you're not going anywhere.
- Invest in a service that will make you feel beautiful, such as a pedicure or eyebrow shaping.
- Read a book about wealth and prosperity.
- Watch a video about wealth and prosperity.
- Pull a card from a money-themed Oracle card deck.
- Enter a contest or sweepstakes, or buy a lottery ticket (but detach from the outcome). Have fun and relish in the possibilities of winning.
- Use EFT (tapping) to forgive yourself for past money mistakes.

TRAVEL

- Order room service.
- Upgrade your hotel room.
- Upgrade your airplane or train seat.
- Rent a luxury car – even just for a day.
- Have a limo take you to and/or from the airport.
- Leave a big tip for your server.
- Go to a fancy restaurant.

RECOMMENDED BOOKS ABOUT WEALTH MINDSET, MAKING MONEY, MANIFESTING:

(Please note: The links are U.S. Amazon affiliate links. I will get compensation from Amazon if you purchase using these links. Thank you!)

A Happy Pocket Full of Money by David Cameron Gikandi (<https://amzn.to/2lpM4Ei>)

Ask and It Is Given by Esther & Jerry Hicks (<https://amzn.to/2lrppxs>)

Clear Your Clutter With Feng Shui by Barbara Kingston (<https://amzn.to/2mVhYsK>)

Don't Worry Make Money by Richard Carlson (<https://amzn.to/2mXeDtj>)

Get Rich Lucky Bitch by Denise Duffield-Thomas (<https://amzn.to/2mOJU1d>)

Law of Attraction by Michael Losier (<https://amzn.to/2lqyErt>)

Money and The Law of Attraction by Esther & Jerry Hicks (<https://amzn.to/2mp8Ufo>)

Secrets of the Millionaire Mind by T. Harv Eker (<https://amzn.to/2mWEeCx>)

Thank & Grow Rich by Pam Grout (<https://amzn.to/2lqAqZF>)

The Code of the Extraordinary Mind by Vishen Lakhiani (<https://amzn.to/2mX7XLF>)

The Four Spiritual Laws of Prosperity by Edwene Gaines (<https://amzn.to/2mTOprn>)

The Game of Life and How To Play It by Florence Scovel Shinn (<https://amzn.to/2kRuYyV>)

The Law of Divine Compensation by Marianne Williamson (<https://amzn.to/2mOxAxY>)

The Power of Receiving by Amanda Owen (<https://amzn.to/2mWhfre>)

The Prosperous Heart by Julia Cameron (<https://amzn.to/2mOyDho>)

The Secret by Rhonda Byrne (<https://amzn.to/2loBAVy>)

The Soul of Money by Lynne Twist (<https://amzn.to/2kQK8nV>)

You Are A Bad Ass At Making Money by Jen Sincero (<https://amzn.to/2lf6Ne5>)