

Dream Bigger



Celestial University MONTHLY LEARNING THEME

Welcome to this month's learning theme—*all about dreaming bigger for your business and your life!*

Women often don't give ourselves permission to dream big enough. We've been conditioned to be grateful for what we've got. We've been told not to rock any boats. These philosophies do not serve us, though, and it's time to dream bigger and live life on your terms.

Step 1: Sign this permission slip

I hereby give myself permission to dream bigger. I am not worried about what others may think about my dreams. I will write down *unapologetically* my big dreams today and then create a plan to make them happen. I am worthy of this!

Signed:

Step 2: What is your ideal day?

If there were no limitations, what would your ideal day look like *in one year*? Write down the answers to these questions, thinking about what you want these answers to be in August 2022.

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| Where would you live? What would your house/apartment look like? | |
| What kind of car would you drive? | |
| What kind of clothes would you wear? | |
| What self-care activities would you participate in? | |
| What would you do in the morning? Breakfast? Activities? | |
| What would you do in the afternoon? Lunch? Activities? | |
| What would you do in the evening? Dinner? Activities? | |

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| What would your friends be like? | |
| What is your life purpose and how are you striving for it? | |
| What's your business look like? | |
| What would your clients be like? | |
| What tasks would you do in your business? | |
| How many hours a day would you work? | |
| How much profit would you be making? | |

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| What does your team look like? | |
| What would you do for family time? | |
| What does your romantic relationship look like? | |
| What would your thoughts be as you lay your head down on your pillow at night? | |

Still thinking one year from now, fill out this grid about what you don't want and what adjustments you need to make:

| One year from now, I don't want... | So, I must make this adjustment... |
|---|--|
| <i>To talk on the phone for hours and hours to earn money</i> | <i>Shift business away from private coaching calls to group coaching</i> |
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Step 3: Interview your “August 2022 You”

To help you get from here (August 2021) to there (August 2022), you must converse with your “August 2022 You.” She knows the steps you need to take to help you create your ideal day. All of the answers are inside of you; you just have to listen.

Here are some questions you can ask her (feel free to add your own):

1. What do I need *to know* to get from where I am today to where I am in August 2022?

2. What do I need *to acquire* to get from where I am today to where I am in August 2022?

3. What will try to hold me back?

4. What milestones should I look for along the way?